

Wellbeing & Mental Health Services

'A Safe Place to Be'



Headlight

Peer support services
(13-18 & 18-25yrs)

1:2:1 Support
(13-18 & 18-25yrs)

School Mentoring Services

Supporting young people
aged 11-18 yrs with a
wellbeing mentor at school >

Supporting teachers with
training and advice >

At Action East Devon we are passionate about raising awareness of the issues facing those with mental health difficulties but also sharing ways to wellbeing that we can all do to stay healthy.

Children & Family Support

Information, advice and
guidance for parents
and care givers

Family support resources

Workshops and training
for professionals community
members and families

Transitional resilience
in primary education >

CONTACT US

FOR MORE INFORMATION

info@actioneastdevon.org.uk
www.actioneastdevon.org.uk

01404 549 045   