

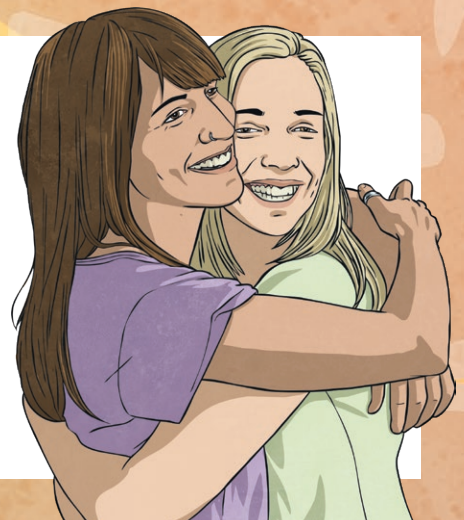
# Are You Okay?



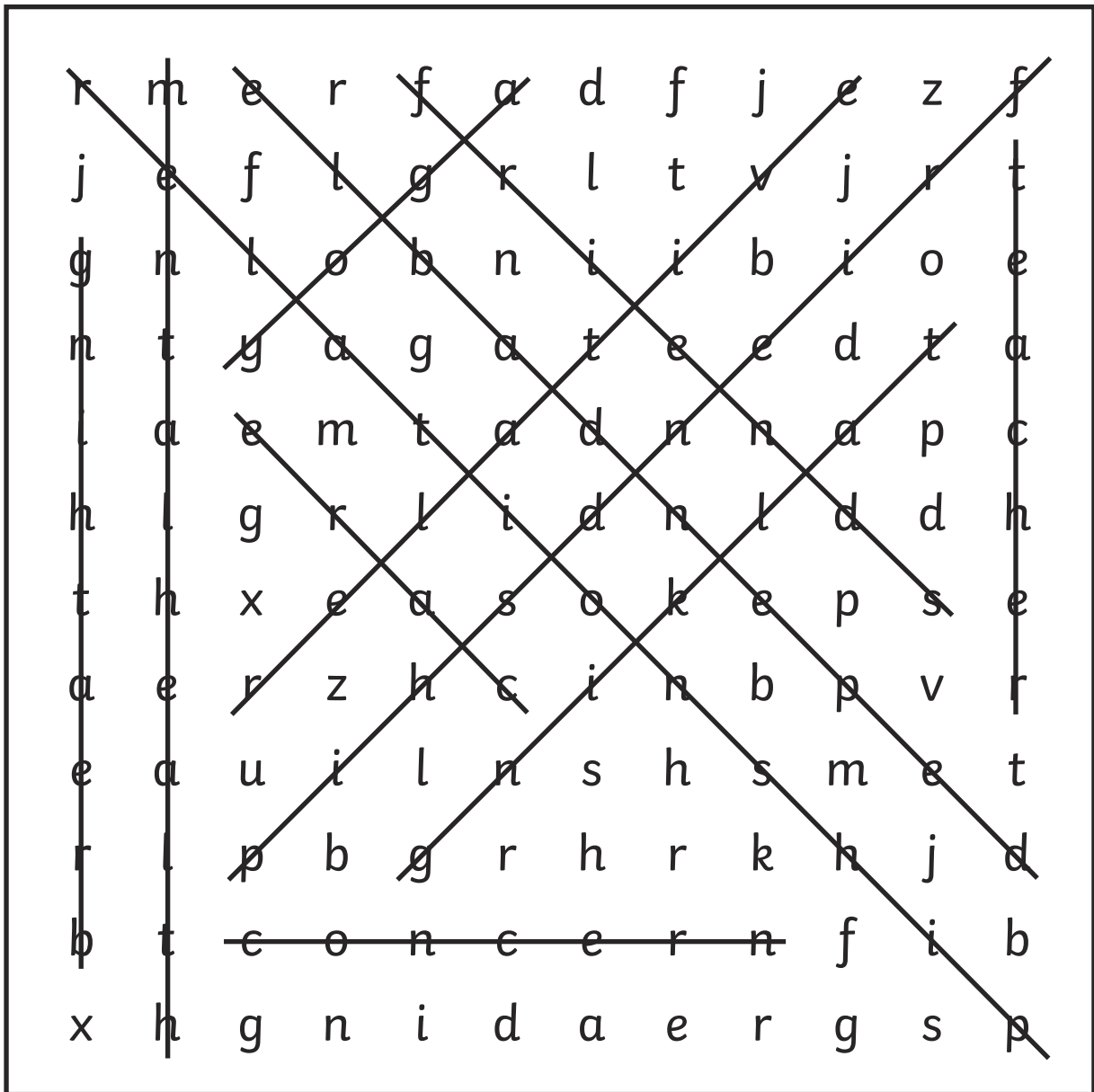
r m e r f a d f j e z f  
j e f l g r l t v j r t  
g n l o b n i i b i o e  
n t y a g a t e e d t a  
i a e m t a d n n a p c  
h l g r l i d n l d d h  
t h x e a s o k e p s e  
a e r z h c i n b p v r  
e a u i l n s h s m e t  
r l p b g r h r k h j d  
b t c o n c e r n f i b  
x h g n i d a e r g s p

concern  
care  
relationship  
relative  
friends  
friendship  
teacher

dependable  
talking  
yoga  
breathing  
reading  
mental health



# R U OK? Day Answers



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care  
relationship  
relative  
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teacher  
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